



SLENDERIIZ[®]

Product Overview

SLENDERIIZ®

A NEW TAKE ON TRANSFORMATION



Slenderiiz® is the only healthy and natural weight management online programme of its kind that shows improved results over diet and exercise alone. To help expedite your transformation journey while maintaining proper levels of nutrition, our scientifically advanced products in the Slenderiiz line support your journey. Use Slenderiiz as your go-to guide to help you achieve your goals.



*Disclaimer: a consumer study showed that Slenderiiz Weight Loss System participants lost an average of 5.4 to 6.8 kilograms in 28 days. Results may vary depending on adherence to the Slenderiiz programme, which includes diet and exercise.

The proof is in
the pictures.

SIMPLE

The Slenderiiz Programme is the simple and effective tool for a successful transformation journey.

NATURAL

The Slenderiiz programme is an all-natural, gluten-free product line featuring game-changing results when followed accurately, while increasing energy.

EFFECTIVE

Thousands of people all across the globe have achieved success with the Slenderiiz programme. Powerful and nourishing Shakes and Boosts that help you on your transformation journey and bring out your inner beauty.

THE SLENDERIIZ

DROP TO DROP



*Contains sweetener and caffeine.

*Contains sweetener.

Featuring two unique blends — in the form of drops you take before meals and before going to bed — the Slenderiiz® programme provides a cutting-edge advantage to support your daily nutrient intake. These drops are made to easily fit into your on-the-go lifestyle with proven results!



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SIMPLE

Three simple phases of a programme that's designed to transform your life. From preparation, all the way to maintenance, this is a programme that offers your body the nourishment it needs.

COMPLETE

Achieving the transformation you want isn't just about eating right and getting optimal supplementation. With the Slenderiiz programme, we're addressing a myriad of other factors, like with the Night Drops (food supplement) formula that provides key amino acids and adaptogenic herbs designed specifically to help promote feelings of restfulness and calm.

EFFECTIVE

When used together, Slenderiiz™ Day and Night Drops are two food supplements that, when used together with other Slenderiiz products support whole-body wellness and aid you in your transformation journey.



*Contains sweetener and caffeine.

Nutritional Information

	Per Daily Portion (45 drops)	DRI%
White Kidney Bean Extract	150 mg	-
Cacao Bean Extract	85.2 mg	-
Green Coffee Bean Extract	49.5 mg	-
Green Tea Leaf Extract	19.8 mg	-
Guarana Seed Extract	15.9 mg	-
Cinnamon Bark Extract	7.95 mg	-
Biotin	300 µg	600%
Chromium	40 µg	100%

Ingredients: Glycerol (humectant), Water, White Kidney Bean Extract (Phaseolus vulgaris L.), Cacao Bean Extract (Theobroma cacao L.), Erythritol (sweetener), Natural Vanilla Flavour, Green Coffee Bean Extract (Coffea arabica L.), Citric Acid (acidity regulator), Green Tea Leaf Extract (Camellia sinensis), Guarana Seed Extract (Paullinia cupana Kunth), Cinnamon Bark Extract (Cinnamomum cassia), Steviol Glycosides (sweetener), D-biotin, Chromium Chloride.

Slenderiiz™ Day Drops

TINY BUT MIGHTY

Compact and easy to use, these drops can go everywhere with you. Designed to help increase feelings of satiety, slow the absorption of carbs, boost metabolism and helping towards controlling your appetite, Day Drops also helps with feelings of hunger and cravings.



REAL PEOPLE, REAL RESULTS.



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*Contains sweetener.

Slenderiiz™ Night Drops

SWEET DREAMS ARE MADE OF THESE

The Night Drops formula provides key amino acids and herbs designed specifically to promote feelings of restfulness and calm. By maintaining your ideal internal balance, your efforts to transform your life are maximised.

These drops are designed to help you unwind and relax at the end of the day.



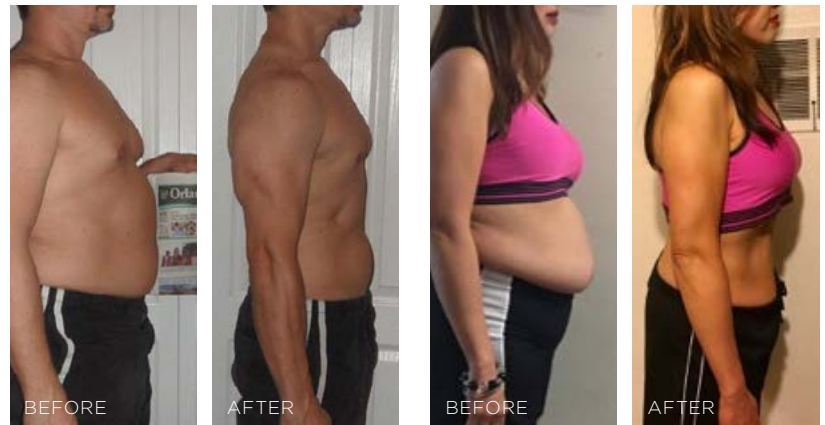
Nutritional Information

Per Daily Portion (45 drops)

L-theanine	100 mg
L-glutamine	25 mg
Fructo-oligosaccharides	10 mg
Acerola Fruit Extract	5 mg
Holy Basil Powder	5 mg
Cordyceps Powder	5 mg
Astragalus Root Powder	5 mg

Ingredients: Water, Glycerol (humectant), L-theanine, L-glutamine, Natural Raspberry Flavour, Natural Spearmint Flavour, Citric Acid (acidity regulator), Fructo-oligosaccharides, Acerola Fruit Extract (Malpighia glabra L.), Holy Basil Powder (Ocimum tenuiflorum L.), Cordyceps Powder (Cordyceps sinensis), Astragalus Root Powder (Astragalus membranaceus), Steviol Glycosides (sweetener).

REAL PEOPLE, REAL RESULTS.



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FREQUENTLY ASKED QUESTIONS

What do the Day Drops do?

This innovative food supplement is made of 100% natural ingredients that have been proven to work when used in conjunction with Night Drops and with the complete Slenderiiz Programme to reach better results.

What do the Night Drops do?

Achieving the results you want isn't just about calories, exercise, and fat. There's a myriad of other factors that go into the Slenderiiz success. The Night Drops (food supplement) formula provides key amino acids and adaptogenic herbs designed specifically to help promote feelings of restfulness and calm. By maintaining your ideal internal balance, your efforts to lose weight are maximised.

What is the recommended dosage of Day and Night Drops?

Day Drops: Shake well before using. Take 15 drops (0.7 ml) 20-30 minutes before breakfast, lunch and dinner. Do not exceed the daily recommended portion.

Night Drops: Shake well before using. Take 45 drops (2 ml) one to two hours before bedtime. For best results, do not eat after taking drops. Do not exceed the daily recommended portion.

Can I keep using the Drops once I've lost the weight?

Each person is different. While some achieve the results of their dreams in just one round of the Slenderiiz Programme, others like to stay on the drops to help maintain their new-found lifestyle. It is completely up to you. If you feel the drops are helping even after you've hit your target, you can continue using them.

Can I still drink coffee and drinks containing caffeine while using Day & Night Drops?

Sure! The drops contain only a small amount of caffeine, roughly the equivalent of a quarter-cup of coffee.

Can I take Day & Night Drops if I am allergic to one of the ingredients or am taking medication?

Always consult a doctor prior to beginning any new food supplement if you have allergies or are taking medication.

Can I take Day & Night Drops if I am pregnant or breastfeeding or have a medical condition?

Always consult a doctor before beginning any new food supplement while pregnant or breastfeeding or if you have a medical condition.

THE SLENDERIIZ

SHAKE IT OFF



PureNourish™, Power Boost™ and Beauty Boost™ are packed with key vitamins and nutrients that are essential for supporting your body's nutrition. When added to your daily regimen, they can provide vital protein and nutrients to aid your full-spectrum health.



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ALLERGEN-FREE

Unlike most shake products, PureNourish and the Boosts are entirely free of soy, preservatives, dairy, genetically modified organisms and wheat.

NUTRIENT-DENSE

When your only focus is supporting your body, you can trust PureNourish and the Boosts as they are nutrient dense and have no empty sugars.

POSITIVELY BALANCED

When not adequately supported by the right blend of nutrients, your body is not performing at its best.

The synergistic fusion of PureNourish combined with the Boosts allows you to achieve your preferred nutrient intake.

PureNourish™

HIGH PROTEIN, PURE NUTRITION

PureNourish is a food supplement designed to enhance digestion and optimise nutrient absorption. Each serving combines 15 essential vitamins and minerals with high-quality protein, natural enzymes and 25% of your daily recommended fibre in a nourishing supplement shake. Using pea protein, rather than animal-sourced protein, enhances digestion and aids optimal nutrient absorption.

RECOMMENDED USAGE

Mix two scoops of PureNourish with your choice of Beauty Boost or Power Boost and 8 oz (235 ml) of cold water. Shake vigorously to blend. For a creamier shake, use plant-based milk.



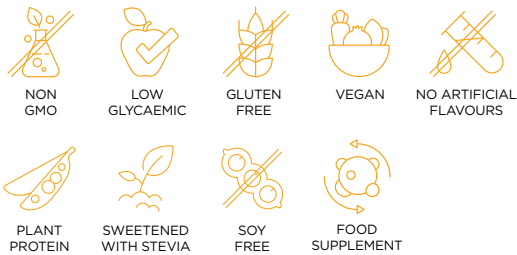
*US product packaging, not available for resale.

Supplement Facts

Serving Size: 2 Scoops (32.5 g)
Servings Per Container: about 28

	Amount Per Serving	%Daily Value*
Total Calories	141	
Total Fat	3 g	4%
Saturated Fat	0.5 g	3%
Trans Fat	0 g	-
Polyunsaturated Fat	2 g	-
Monounsaturated Fat	0.5 g	-
Cholesterol	0 mg	0%
Total Carbohydrate	8 g	3%
Dietary Fiber	7 g	25%
Sugars	<1 g	-
Protein	17 g	30%
Vitamin A (as beta carotene)	75 mcg RAE	8%
Vitamin C (as calcium ascorbate)	30 mg	33%
Vitamin D (as cholecalciferol)	10 mg	50%
Vitamin E (as d-alpha tocopheryl acetate)	7 mg	45%
Thiamin (as thiamin HCl)	1 mg	83%
Riboflavin	1 mg	77%
Niacin (as niacinamide)	10 mg	62%
Vitamin B6 (as pyridoxine HCl)	1 mg	59%
Biotin	150 mcg	500%
Pantothenic Acid (as d-calcium pantothenate)	5 mg	100%
Calcium	40 mg	3%
(as calcium ascorbate, calcium phosphate, d-calcium pantothenate)		
Iodine (as potassium iodide)	38 mcg	25%
Magnesium (magnesium gluconate)	40 mg	10%
Zinc (as zinc gluconate)	3.8 mg	25%
Chromium (as chromium picolinate)	31 mcg	89%
Sodium	6 mg	1%
Potassium (as potassium iodide)	5 mg	<1%
Digestive Blend†	50 mg	-
(Probiotics, Prebiotics, and Enzymes)		
Isomalto-oligosaccharide, amylase, protease, lactase, lipase, cellulose, bromelain, bacillus coagulans		
Docosahexaenoic Acid (DHA, from Algae)	400 mg	-

Other Ingredients: Pea Protein, Natural Flavors, Guar Gum, Sunflower Lecithin, Coconut Oil Powder, Xanthan Gum, Stevia Leaf Extract (Rebaudioside A), Cranberry Fruit Protein Powder, Dutch Cocoa Bean Powder (Alkalized).



REAL PEOPLE, REAL RESULTS.



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Power Boost™

GET A LEG UP

Power Boost supports the body while boosting a positive mood and promoting nutrition through a blend of L-glutamine (an amino acid found in your body) and Neobee® medium-chain triglycerides.

It's blended with cocoa beans, valued not just for their wonderful flavour but also for their high nutrient content. Coconut oil is also added to provide a rich source of nutrition that helps nourish the body.

Use Power Boost as an addition to PureNourish or on its own to help replenish your body nutrients with the nutrients it needs.



*US product packaging, not available for resale.

Supplement Facts

Serving Size: 1 Scoop (14.38 g)
Servings Per Container: about 28

	Amount Per Scoop	%Daily Value*
Total Calories	55	
Total Fat	2 g	3%
Saturated Fat	2 g	10%
Trans Fat	0 g	-
Cholesterol	0 mg	0%
Total Carbohydrate	5 g	2%
Dietary Fiber	2 g	7%
Sugars	3 g	-
Protein	2 g	
Sodium	25 mg	1%
Branched-Chain Amino Acid Blend	500 mg	-
L-Leucine		
L-Isoleucine		
L-Valine		
L-Glutamine	500 mg	-
Neobee® Medium-Chain Triglycerides (Coconut Based)	1000 mg	-

Other Ingredients: Reduced Fat Dutch Cocoa Powder (Alkalized), Organic Coconut Sap, Coconut Milk Powder, Natural Flavor, Sunflower Lecithin, Stevia Leaf Extract (Rebaudioside A), Guar Gum, Salt.



RECOMMENDED USAGE

Mix one scoop of Power Boost with two scoops of PureNourish and 8 oz (235 ml) of cold water. Shake vigorously to blend.

For a creamier shake, use plant-based milk.

Beauty Boost™

SPARKLE AND SHINE

Beauty Boost contains a proprietary blend of ingredients with a bevy of health benefits, especially for those who've recently experienced rapid weight loss.

Although it's formulated to address the specific nutritional needs of hair and skin, your internal systems will also benefit from Beauty Boost's vitamins, minerals and bioflavonoids found in a variety of natural plant extracts.

Whether you're experiencing a decline in the quality of your hair and skin, or you're simply looking for an extra boost to your beauty regimen, this powerful supplement will have you feeling renewed and restored.



*US product packaging, not available for resale.

Supplement Facts

Serving Size: 1 Scoop (5.8 g)
Servings Per Container: about 28

	Amount Per Scoop	%Daily Value*
Total Calories	0	
Total Fat	0 g	0%
Sodium	32 mg	1%
Total Carbohydrate	5 g	2%
Sugar Alcohol	4 g	-
Biotin	1000 mcg	333%
Papaya Fruit Powder	750 mg	-
Citrus Bioflavonoids	10 mg	-
Dermaval™ Proprietary Blend	50 mg	-
Pomegranate fruit concentrate, asparagus shoot concentrate, okra pod concentrate, coffee fruit extract, acerola fruit juice, camu camu fruit juice, onion bulb extract, açai berry, mangosteen fruit concentrate.		
Acquamín® (Red Seaweed)	550 mg	-

Other Ingredients: Erythritol, Natural Mandarin Orange Flavor, Natural Flavors, Stevia Leaf Extract (Rebaudioside A), Citric Acid.



NON GMO



LOW GLYCAEMIC



GLUTEN FREE



VEGAN



NO ARTIFICIAL FLAVOURS



DAIRY FREE



SWEETENED WITH STEVIA



FOOD SUPPLEMENT

RECOMMENDED USAGE

Mix one scoop of Beauty Boost with two scoops of PureNourish and 8 oz (235 ml) of cold water. Shake vigorously to blend.

For a creamier shake, use plant-based milk.



FREQUENTLY ASKED QUESTIONS

What makes PureNourish unique?

Unlike most shake products, PureNourish is entirely free of soy, preservatives, dairy, genetically modified organisms and wheat. This makes PureNourish safe to consume for many individuals who have intolerances to these ingredients. Simply put, PureNourish is the premium choice for nutrition!

What makes Power Boost unique?

Power Boost helps improve protein metabolism and provides branch-chain amino acids (BCAAs). With Branch-chain amino acids, this product gives you a convenient way to get the most from your nutrition without sacrificing quality.

What makes Beauty Boost unique?

Specialised ingredients such as biotin, papaya fruit powder, Aquamin™ red seaweed extract and Dermaval™ superfood provide additional vitamins, minerals and enzymes that have been proven to be useful to the body. Try Beauty Boost and take your PureNourish to the next level!

What are the benefits of PureNourish?

- Plant-derived amino acids
- Nutrient dense while low in calories

What are the benefits of Power Boost?

- Enriched with pure cocoa for nutritional support
- Medium-chain triglycerides from all-natural coconut oil
- L-glutamine supports the body's optimal performance
- Branch-chain amino acids for increased positive mood
- For use with PureNourish Natural

What are the benefits of Beauty Boost?

- Flavoured with mandarin orange extract and dried papaya
- Formulated with Dermaval™, a superfood supplement, for additional phytochemicals and enzymes

- Contains Aquamin™, a seaweed extract rich in bioavailable minerals
- Added biotin to support healthy skin
- For use with PureNourish Natural

What is the recommended dosage of PureNourish?

Add two scoops to 8 oz (235 ml) water, blend and enjoy once per day.

What is the recommended dosage of Power Boost and Beauty Boost?

Add one scoop of either Power Boost or Beauty Boost to your PureNourish shake, or use alone with 8 oz (235 ml) of water or your favourite plant-based milk and enjoy once per day.

How long does one pouch of PureNourish, Power Boost and Beauty Boost usually last?

If used daily with the recommended daily use, all Slenderiiz products will last about 28 days.

How should I store PureNourish and the Boosts?

Store in their sealed pouches in a cool, dry place.

What can I mix PureNourish with?

Mix PureNourish with water or your favourite plant-based milk.

What can I mix the Boosts with?

Add one scoop of either Power Boost or Beauty Boost to your PureNourish shake, or use alone with 8 oz (235ml) of water or your favourite plant-based milk.

Can I take PureNourish or the Boosts if I am allergic to one of the ingredients or am taking medication?

Always consult a doctor prior to using any food supplement if you have allergies or are taking medication.

Can I take PureNourish or the Boosts if I am pregnant or breastfeeding or have a medical condition?

Always consult a doctor before using any food supplement while pregnant or breastfeeding or if you have a medical condition.

SLENDERIIZ

NUTRIENT-DENSE VEGGIE POWER — NO JUICING REQUIRED.

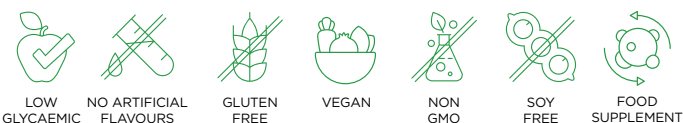


*US product packaging

Giving Greens® is a whole-food veggie, nutritive powdered drink mix that makes it easy to fuel your body with vital phytonutrients, vitamins and minerals. This guilt-free nourishment features sprouted-seed nutrition, with added live cultures, and an enzyme-rich superfruit blend that provides your body with essential nutrients to boost immunity, aids digestion and contributes to the protection of cells from oxidative stress and to normal collagen formation for the normal function of blood vessels.

2 SCOOPS. MIX. THRIVE.

A busy life makes it challenging to feed your body the nutrition it craves, but Giving Greens makes it easy. With only 15 calories per serving, simply mix Giving Greens' nutritive powder in water or blend in a smoothie and enjoy! This simple addition to your routine supports aids digestion, boosts immunity, contributes to the protection of cells from oxidative stress and to normal collagen formation for the normal function of blood vessels.



2 LBS. (900 GRAMS) OF VEGGIES IN EVERY SERVING

Just one serving includes spinach, alfalfa and chlorella, plus broccoli, carrot, tomato, beet, spinach, cucumber, brussels sprouts, cabbage, celery, kale, asparagus, green bell pepper, cauliflower and parsley for optimum nutrition. Try eating all of THAT in one day!

SPROUTED-SEED NUTRITION

Sprouted seeds are brimming with nutrition, and when harvested at the peak of the sprouting process nutrition levels are maximised and healthy compounds are unlocked.

HARD-WORKING ENZYMES

Our premium enzyme blend includes highly active digestive enzymes that help your body unlock Giving Greens' wholesome goodness.

Giving Greens®

TASTE THE DIFFERENCE

This guilt-free nutritional powerhouse helps ensure you and your loved ones get the veggies you need without the dinnertime fight. Superfruits goji berry, blueberry and acerola combine with cinnamon and a hint of stevia and xylitol to provide a naturally sweet flavour while giving you a happy nutritional boost. Sweetened by nature.

A CART FULL OF VEGGIES

Fibre is very important for your diet and helps to keep you regular, but not everyone is meeting their recommended fibre intake. With Giving Greens, you never have to worry about whether you're getting enough in your diet — just 2 scoops contain the equivalent of 5 servings of veggies!

THE 'GOOD GUY' STRAINS

4 billion good bacteria join with acacia gum to make a live cultures system that provides numerous benefits to your health. Together, they help improve nutrient absorption, support weight management, increase skin hydration and clearness, while supporting whole body health.



*US product packaging, not available for resale.

Supplement Facts		
Serving Size: 2 Scoops		
Servings Per Package: 28		
	Amount Per Serving	%Daily Value*
Calories	15	1%
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Total Carbohydrate	3 g	1%
Dietary Fiber	2 g	8%
Sugars	<1 g	-
Protein	1 g	-
Vitamin C (as Acerola fruit extract)	30 mg	33%
Sodium	17 mg	1%
Superfood Vegetable Blend	1,100 mg	-
(Spinach leaf powder, Asparagus powder, Brussels Sprout powder, Broccoli leaf powder, Cauliflower powder, Celery leaf powder, Cucumber powder, Kale leaf powder, Parsely powder, Green Pepper powder, Beetroot powder, Carrot powder, Tomato fruit powder, Cabbage leaf powder)		
Superfruit Blend	200 mg	-
(Blueberry fruit powder, Acai berry powder, Goji fruit powder)		
Sprouted Seed Blend	150 mg	-
(Organic Millet sprout, Organic Amaranth sprout, Organic Broccoli Sprouted seed)		
Enzyme Blend	15 mg	-
(Amylase, Protease, Glucoamylase, Lipase, Cellulase)		
Alfalfa grass powder	550 mg	-
Coconut juice powder	200 mg	-
Chlorella (cracked cell wall)	100 mg	-
Cinnamon bark powder	50 mg	-



Other Ingredients: Gum acacia, Xylitol, Xanthan Gum, Stevia leaf extract, Citric acid and Malic acid.



FREQUENTLY ASKED QUESTIONS

What does Giving Greens do?

Giving Greens is a tasty, nutrient-dense drink that features 2 lbs. (900 grams) of whole-food veggie, sprouted-seed nutrition, enzyme-rich superfruit blend and a live cultures system that provides your body with vital nutrients to boost immunity, aids digestion and contributes to the protection of cells from oxidative stress. With just two scoops a day, give your body the nutrients it craves and it:

- Contributes to collagen formation for the normal function of blood vessels
- Contributes to the protection of cells from oxidative stress
- Supports healthy immune system function
- Increase skin hydration and clearness
- Aids digestion
- Boosts immunity
- Only 15 calories per serving

What is the recommended dosage of Giving Greens?

Add two scoops to 8 oz (235 ml) water, blend and enjoy once per day.

What are the key ingredients in Giving Greens?

A rich base of spinach, alfalfa and whole-plant, cracked-cell chlorella vulgaris provides vital phytonutrients, vitamins and minerals for optimum nutrition. Fresh sprouts from broccoli, amaranth and millet are harvested at their peak to ensure maximum benefits, providing all nine essential amino acids. Superfruits goji berry, blueberry and acerola combine with cinnamon to provide a naturally sweet flavour while giving you a happy nutritional boost. A live cultures system and five highly active digestive enzymes help your body unlock all of the nutritive value within.

What are live cultures?

Live cultures are live microorganisms which provide health benefits when consumed. Giving greens contains 4 billion good bacteria comprised of two different strains: Lactobacillus Plantarum and Bifidobacterium breve.

L. Plantarum is a widely used bacteria strain that can be found in a variety of environments, including the respiratory, gastrointestinal, and genital tracts of healthy humans as well as in many lactic acid fermented, plant-based foods.¹ The species is particularly well studied in human clinical trials.

B. breve is a highly beneficial bacteria strain, one of the most beneficial strains for your health. This bacteria was originally discovered in infants, but it also resides in adult gastrointestinal tracts.²

What is cracked-cell chlorella vulgaris?

Chlorella vulgaris is a type of single-cell algae that grows in freshwater and is considered by many to be a superfood. Chlorella's cell wall is thick and rigid, making it hard to break down and digest. The solution is to break, or crack, the cell wall before ingestion, making it more "bioavailable" so that all the nutrients are readily available to be absorbed into your body.

What is sprouted seed nutrition?

When sprouts are harvested at the peak of the sprouting process, nutrition levels are maximised and healthy compounds are unlocked. Broccoli sprouts pack 10-100 times more sulforaphane, providing powerful nourishment.

What are digestive enzymes?

Digestive enzymes help your body properly and efficiently break down food, so that you receive all of the nutrients from it. Our premium enzyme blend includes highly active digestive enzymes that help your body unlock Giving Greens' nutritive goodness.

Can Giving Greens help me lose weight?

Giving Greens is a healthy and satisfying shake that can help you get the nutrition your body needs without added fats and sugars. With just 15 calories per serving, simply mix in water or blend in a smoothie and you've got the perfect companion to your weight management plan!



FREQUENTLY ASKED QUESTIONS

Is Giving Greens sensitive to heat?

Giving Greens can be enjoyed cold or hot — as long as the temperature is no hotter than hot tap water, not to exceed 115°F (45°C).

How should I store Giving Greens?

Store in its sealed pouch in a cool, dry place.

What can I mix Giving Greens with?

Mix Giving Greens with water or your favourite plant-based milk. For a creamier shake and an added boost of protein, mix with PureNourish™.

Can I take Giving Greens if I am allergic to one of the ingredients or am taking medication?

Always consult a doctor prior to using any food supplement if you have allergies or are taking medication.

Can I take Giving Greens if I am pregnant or breastfeeding or have a medical condition?

Always consult a doctor before using any food supplement while pregnant or breastfeeding or if you have a medical condition.

¹Beneficial Influences of *Lactobacillus plantarum* on Human Health and Disease: T.M. Darby, R.M. Jones, in *The Microbiota in Gastrointestinal Pathophysiology*, 2017

Degradation of Phenolic Compounds Found in Olive Products by *Lactobacillus plantarum* Strains: María Landete, HéctorRodríguez, José Antonio Curiel, Blancade las Riva, Félix Lópezde, Felipe Rosario Muñoz, in *Olives and Olive Oil in Health and Disease Prevention*, 2010.

²S. Arboleya, C. Watkin, C. Stantonand, R. Paul Ross Gut, 2016, *Bifidobacteria Populations in Human Health and Aging: Frontiers of Microbiology. Absorption, Transport, and Retention: Martin Kohlmeier, in Nutrient Metabolism (Second Edition)*, 2015